

# BGPERT

Bath GP Education & Research Trust

## GP Core Topics and Metabolic Health Update Day

This meeting has been organised in collaboration with [Sulis Hospital](#). [Combe Grove](#) are covering costs for the location, refreshments and lunch.

Friday 23<sup>rd</sup> May 2025, 8.45am – 4.45pm

Combe Grove, Brassknocker Hill, Bath BA2 7HS

Please RSVP to [BGPERT](#)

COMBE  
GROVE



8.45am	Registration & refreshments	
9.00am	Welcome & Introduction	BGPERT: Dr Zoe Haines
9.10am	<b>Gastroenterology:</b> Gastroenterology "potpourri": Managing patients presenting with unclear gastro symptoms, with case discussions covering; bile Acid malabsorption, bacterial overgrowth, pancreatic exocrine insufficiency	Sulis: Dr John Saunders: Consultant Gastroenterologist
9.50am	<b>Hypoglycaemic/anti-diabetic agents:</b> Metabolic health and the role of the new hypoglycaemic/ anti - diabetic agents	Sulis: Dr Beas Bhattacharya: Consultant Endocrinologist
10.30am	<b>Sulis Overview</b>	Sulis: Simon Milner, Hospital Director
10.50am	Refreshment break	
11.10am	<b>Movement disorders:</b> Parkinsons diagnosis, medications and practical management tips and other movement disorders	Sulis: Dr Robin Fackrell: Consultant in Geriatric and General Medicine
11.50am	<b>Metabolic Health and HRT:</b> Understanding the role of Metabolic Health and HRT in The Menopause Transition	Combe Grove: Dr Juliet Balfour. BSc MBBS MRCGP (1991) DRCOG, DFSRH Advanced Certificate in Menopause Care, British Menopause Society Menopause Specialist, Lead for Somerset NHS Menopause Service, Director of Wells Menopause Clinic
12.30pm	Lunch	
1.20pm	<b>Movement session:</b> To include ways of including small activity snacks within the working day to boost energy/health	Combe Grove: Movement Coach Nikki Doyle
1.30pm	<b>Metabolic:</b> Metabolic Health Interactive Learning  Strength for Metabolic Health Relaxation for Managing Stress	Combe Grove: Dr Rebecca Hiscutt. PhD Registered Dietitian and Practice Manager Programme. Graham Eastgate, Lead Metabolic Health Coach Heidi Lerner Rearden, Mindfulness Teacher and Stress Management Specialist
2.10pm	<b>ENT:</b> Thyroid lumps	Sulis: Mr Andrew Carswell: Consultant ENT Surgeon
2.50pm	<b>Back pain:</b> Management of back pain, assessment, minimally invasive spinal procedures and microdiscectomy	Sulis: Mr Otto Von Arx: Consultant Orthopaedic Spinal Surgeon
3.30pm	Refreshment break	
3.50pm	<b>Vascular:</b> Superficial venous disease/deep venous disease including intervention for acute DVT	Sulis: Mr Mahesh Pai: Consultant Vascular and General Surgeon & Baris Ozdemir: Consultant Vascular and Endovascular Surgeon
4.30pm	Summary and final comments	
4.45pm	Meeting close	

This meeting has been accredited by BGPERT. For more information about BGPERT including additional details about meetings visit our [website](#).