## **BGPERT**

Bath GP Education & Research Trust

## **GP Core Topics and Metabolic Health Update Day**

This meeting has been organised in collaboration with <u>Sulis Hospital</u>. <u>Combe Grove</u> are covering costs for the location, refreshments and lunch.

Friday 23<sup>rd</sup> May 2025, 8.45am – 4.30pm Combe Grove, Brassknocker Hill, Bath BA2 7HS Please RSVP to <u>BGPERT</u>



8.45am	Registration & refreshments	
9.00am	Welcome & Introduction	BGPERT: Dr Zoe Haines
9.10am	Gastroenterology: Gastroenterology "potpourri": Managing patients presenting with unclear gastro symptoms, with case discussions covering; bile Acid malabsorption, bacterial overgrowth, pancreatic exocrine insufficiency	Sulis: Dr John Saunders: Consultant Gastroenterologist
9.50am	Hypoglycaemic/anti-diabetic agents: Metabolic health and the role of the new hypoglycaemic/anti - diabetic agents	Sulis: Dr Beas Bhattacharya: Consultant Endocrinologist
10.30am	Sulis Overview	Sulis: Simon Milner, Hospital Director
10.50am	Refreshment break	
11.10am	<b>Movement disorders:</b> Parkinsons diagnosis, medications and practical management tips and other movement disorders	Sulis: Dr Robin Fackrell: Consultant in Geriatric and General Medicine
11.50am	Metabolic Health and HRT: Understanding the role of Metabolic Health and HRT in The Menopause Transition	Combe Grove: Dr Juliet Balfour
12.30pm	Lunch	
1.20pm	Movement session	Combe Grove: Movement
1.30pm	Metabolic: Metabolic Health Quiz  Strength for Metabolic Health  Relaxation for Managing Stress	Combe Grove: Dr Rebecca Hiscutt. PhD Registered Dietitian and Practice Manager Programme. Graham Eastgate, Lead Metabolic Health Coach Heidi Lerner Rearden, Consultant
2.10pm	ENT: Thyroid lumps	Sulis: Mr Andrew Carswell: Consultant ENT Surgeon
2.50pm	Back pain:  Management of back pain, assessment, minimally invasive spinal procedures and microdiscectomy	Sulis: Mr Otto Von Arx: Consultant Orthopaedic Spinal Surgeon
3.30pm	Refreshment break	
3.50pm	Vascular: Superficial venous disease/deep venous disease including intervention for acute DVT	Sulis: Mr Mahesh Pai: Consultant Vascular and General Surgeon & Baris Ozdemir: Consultant Vascular and Endovascular Surgeon
4.30pm	Summary and final comments	